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Association of Proinflammatory Gene Polymorphisms with Pain-Related Temporomandibular Disorder

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AIM

This study aimed to investigate the association between single nucleotide polymorphisms (SNPs) in proinflammatory cytokine (*TNF* and *TGFB1*) and chemokine (*CXCL8*) genes with **painful temporomandibular disorders** (TMDp) (Figure 1).

TACCA[G/T]GTAGC

Figure 1. SNP rs2227307 (*CXCL8*) with single nucleotide variants G or T.

(https://www.thermofisher.com/order/genome-database/details/genotyping/C_11748168_10?CID=&ICID=&subtype)

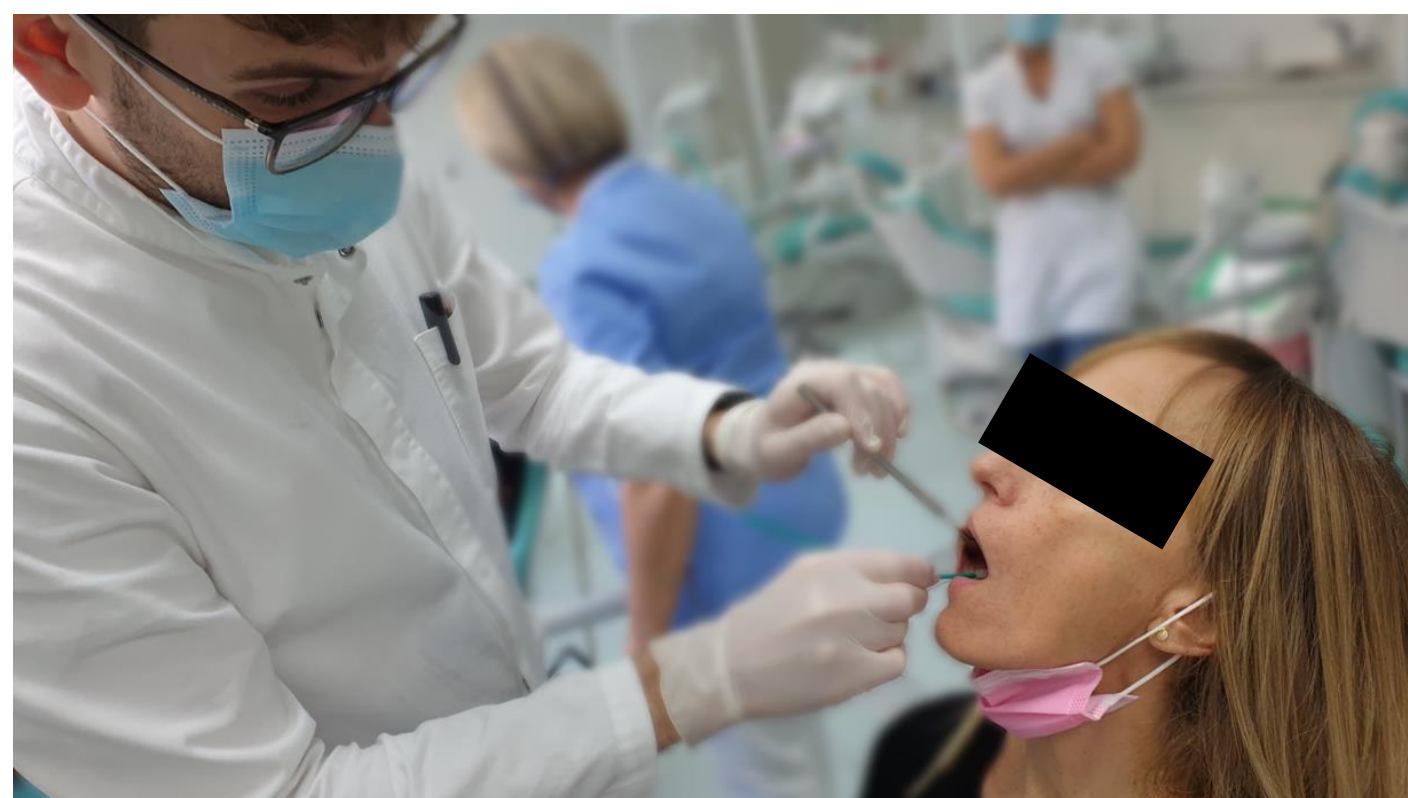


Figure 2. Buccal Mucosa Swabs

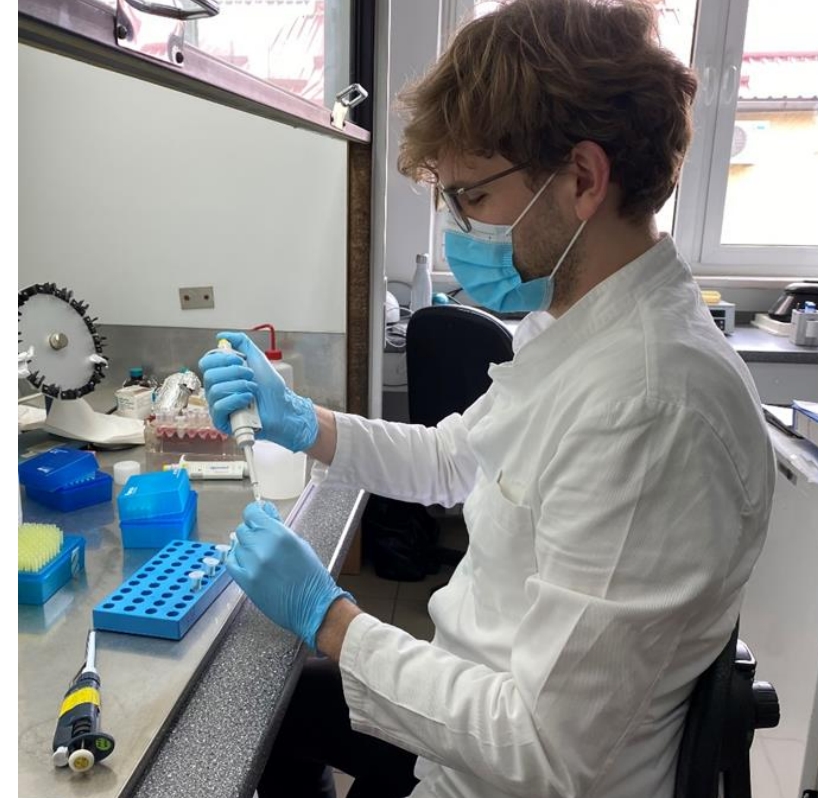


Figure 3. Pipetting DNA Samples for Genotyping

METHODS

Diagnosis of TMDp involves myalgia and/or arthralgia. The study included **170 individuals**: 85 with diagnosed TMDp and 85 healthy controls (CTR). In the TMDp group, the average age was 29.96, with 76 females (89.41%) and 9 males (10.59%). In the control group, the average age was 26.23, with 62 females (72.88%) and 23 males (27.12%).

Intensity of orofacial pain was measured through Characteristic Pain Intensity (CPI) score from **Graded Chronic Pain Scale**, whereas TMD patients with CPI>50 were considered as a high pain intensity group (HPI).

Genomic DNA was extracted from buccal mucosa swabs (Figure 2). Single nucleotide **polymorphisms** (SNPs) in genes encoding **interleukin 8** (*CXCL8*; rs2227306, rs2227307), **transforming growth factor β** (*TGFB1*, rs4803455) and **tumour necrosis factor-alpha** (*TNF*, rs1800629) were analysed by real time-PCR using Taqman Genotyping assays (Figure 3).

The assessment was performed according to dominant and recessive genetic models where minor allele represented the risk allele. Chi-Square Test, Fisher's Exact Test and Mann-Whitney U test were used for data analysis.

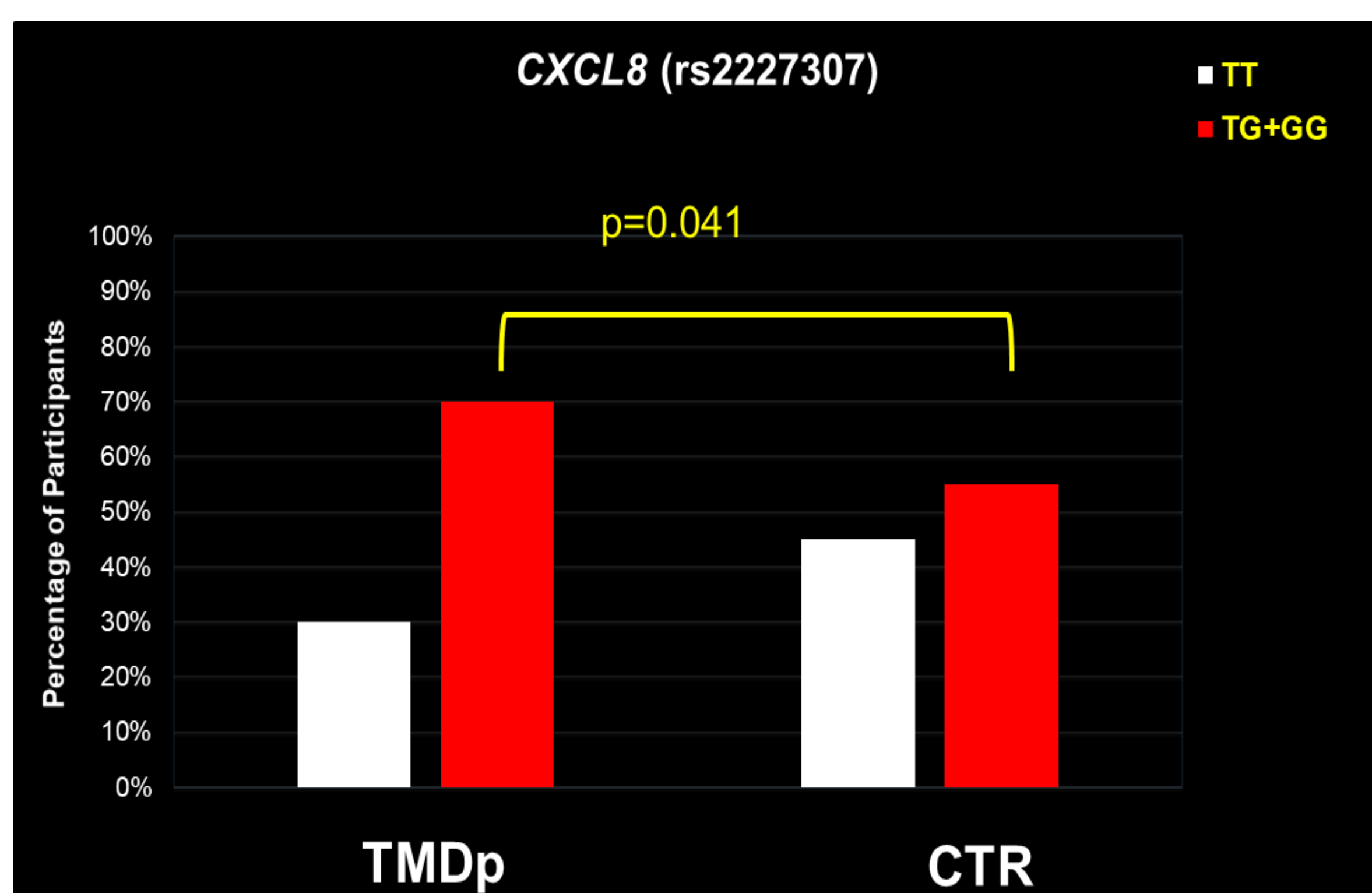


Figure 4. Genotype distribution between Pain-Related Temporomandibular Disorders (TMDp) vs. Controls (CTR) in *CXCL8* (rs2227307)

FUNDING

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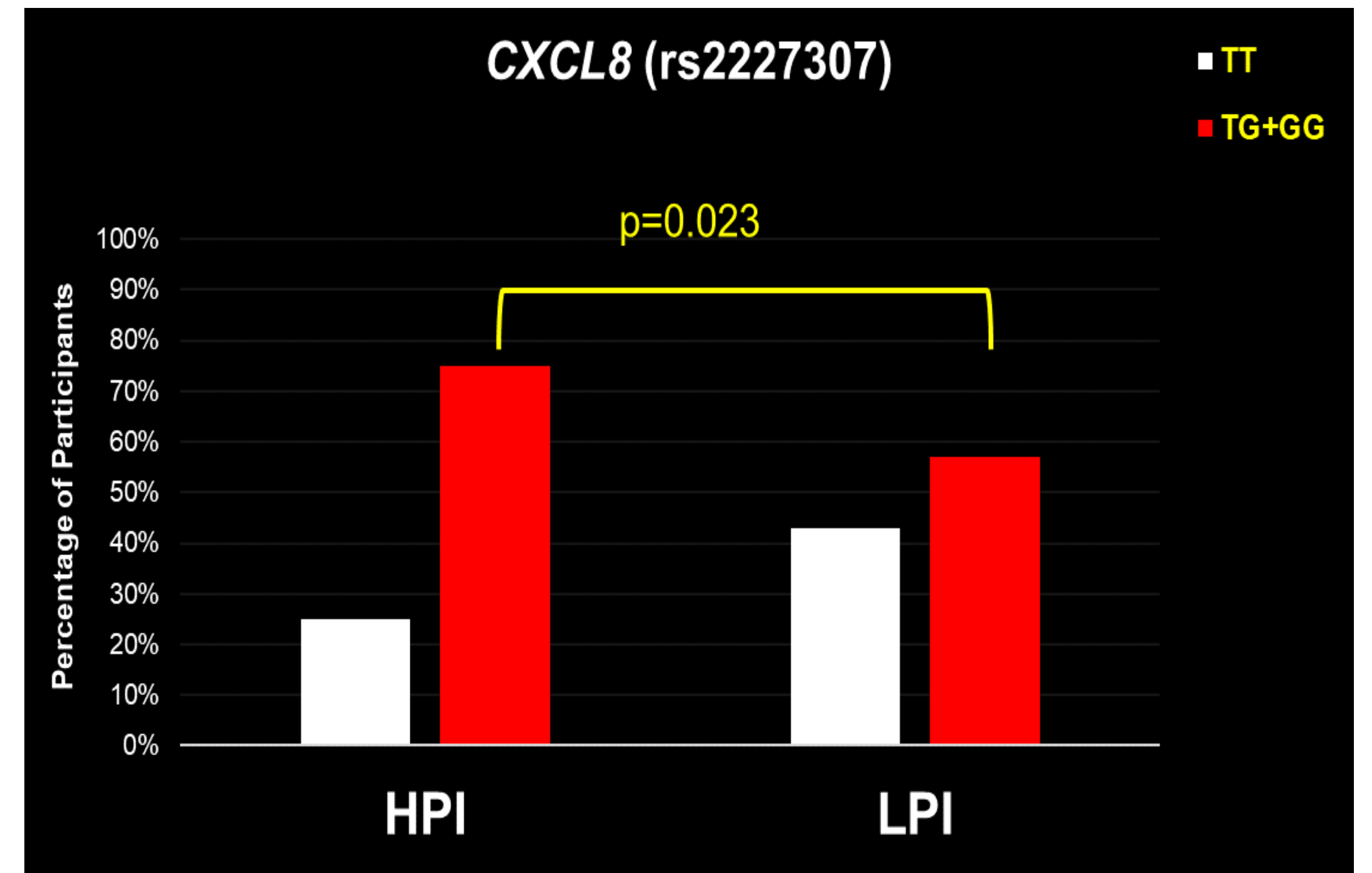


Figure 5. Genotype distribution between patients in high pain intensity (HPI) vs low pain intensity (LPI) group in *CXCL8* (rs2227307)

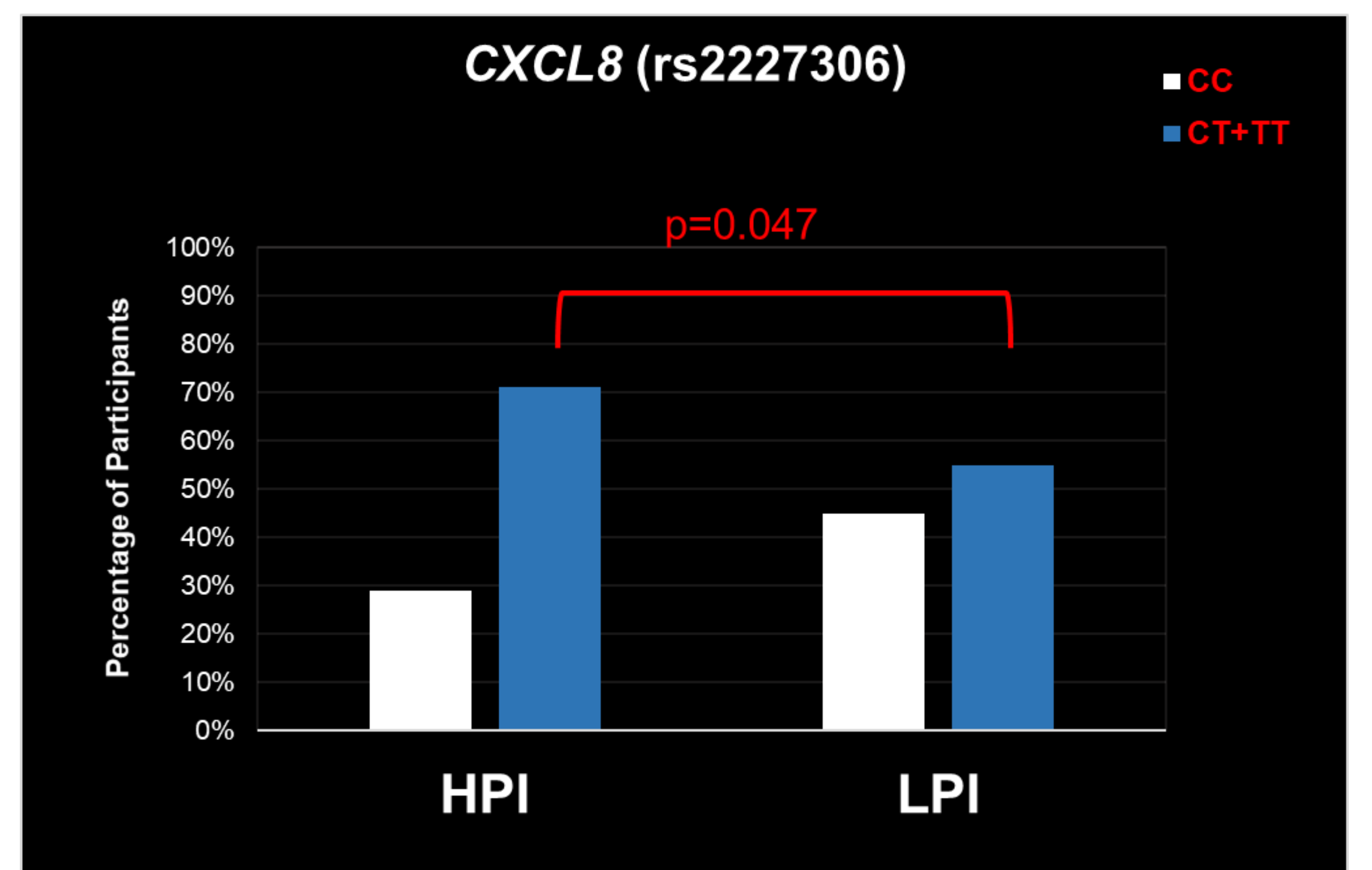


Figure 6. Genotype distribution between patients in high pain intensity (HPI) vs low pain intensity (LPI) group in *CXCL8* (rs2227306)

RESULTS

The frequency of patients carrying **minor allele G of rs2227307** was higher in TMDp patients than in CTRs (70% vs. 55%, $p=0.041$) (Figure 4).

Carriers of **minor allele G and T of rs2227307 and rs2227306** respectively were significantly more represented in HPI group when compared to the rest of the participants (75% vs. 57%, $p=0.023$; 71% vs. 55%, $p=0.047$, respectively) (Figure 5,6).

Also, TMDp subjects carrying **GG+GT of rs2227307** polymorphism reported significantly shorter pain duration in last 6 months (80 vs.112 days, $p=0.041$) and significantly higher worst facial pain (7.3 vs. 6.5, $p=0.031$) compared to the subjects with the TT genotype.

CONCLUSION

Certain SNPs may predict pain intensity and chronicity in TMDp patients.

Our results support the association between SNPs in pro-inflammatory chemokine genes (*CXCL8*) and TMDp, highlighting the potential utility of genetic testing in predicting pain severity.

Further research is needed to confirm these findings and explore underlying mechanisms.



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